

# WHAT SHALL I SAY TO HIM?

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## PRELIMINARY.

EVEN without having any definite intention for Communion, the Our Father gives us a helpful plan for the order of Acts in our thanksgiving.

First, we praise and thank God. “HALLOWED BE THY NAME.” **Acts of Praise and Thanksgiving.** Then, we pray that God may rule over us and over all the world, that HE may have His rights in us and in all whom we love. **THY KINGDOM COME.** Here we pray for the Church and its rulers, and for all the ministers of Christ, through whom His Kingdom comes on earth.

We may label these acts “DESIRE.”

Then we make Acts of **Surrender to God’s Will.** “THY WILL BE DONE.” In Holy Communion, God has given Himself wholly to us, we give ourselves back to Him by Acts of oblation and self-surrender. If we follow this plan, we begin by making sure of our worship and homage to God, and that should always be our first thought in prayer, God’s rights, not our own. So our Lord teaches.

Only after such acts of worship do we begin to ask things, for ourselves, and our friends. **ACTS of Petition.** And Our Lord has told Himself what we are to ask for, and in what order the petitions should come. He has put first our own daily pressing needs, our daily bodily food, without which we cannot live. “GIVE US THIS DAY OUR DAILY BREAD.” In asking for this, we ask implicitly for all that is needful for our lives, spiritually, temporally, mentally, bodily. For “not by bread alone does man live,” says Our Lord Himself. We need food for our minds and our hearts as well as for our bodies, we need joy and happiness; if we ask, God will give it to us. We need work for our minds and our bodies, we may even need amusement—we ask for all this under this petition.

We have to live with others, “it is not good for man to be alone.” Straight after Holy Communion we shall have to go forth among men and shall be sure to meet with things to annoy us. Can a day pass without some contradiction from others? In other words, we shall very soon have something to put up with, something to forgive. Our Lord has said: “Blessed are the merciful, for they shall obtain mercy.” This petition of His Prayer puts this teaching into a prayer.

We are also obliged to beg of God the pardon of our own sins—“wash me yet more from my iniquity” is a prayer all, from saint to sinner, have to say daily. Here we are reminded of the condition made by Our Lord Himself for this pardon. We, in our turn, must forgive. We must first ask for the grace to do this hard thing, and we do ask it when we say “Forgive us our trespasses as we forgive.” We ask implicitly for this grace when we say this petition. **Acts of Contrition.**

Another of our daily and unavoidable dangers is temptation. “Man’s life on earth is a warfare.” Without the Divine help we shall fall. So we ask for grace to be kept from sin this day. “Deign, to keep us from sin this day, O Lord.”

We are also daily exposed to all kinds of dangers and sufferings, accidents, losses, illnesses, disappointments, failures. We may ask God to deliver us from all these evils, for He has told us to say “Deliver us from evil.” We should gain great good from this petition if we were to apply it to some particular intention every time we say the Our Father. Supposing, for instance, we meant that petition as a prayer against war, or whatever evil we most dread in life; each of us has some special bugbear. The prayer would be more fervent if we had a meaning for it. One general intention, once for all, suffices.

Then we seal and repeat all our petitions, as it were, by our AMEN.

So, if we just call to mind those ideas and this plan of prayer after Communion, we can be quite sure we are doing what Our Lord Himself has told us.

1. Acts of Praise and Thanksgiving.
2. Desire for God’s glory, for the good of the Church, for all who work for souls.
3. Abandonment to God’s Will, surrender, Oblation.
4. Petition. For daily needs of body and soul, for ourselves, and for others. For pardon for sin, grace to be kind and

forgiving, for grace not to sin, to be strong in trial, and for deliverance from all dangers to soul and body.

These wide headings include all we can ask for.

Each can group their own special petitions and desires under these headings. Having made our prayers on these points, we shall have made a most complete thanksgiving, and omitted nothing, and it is thus we have been taught by Our Lord Himself to make our thanksgiving after Holy Communion.

We are then with Our Lord, as a child with its mother, and we know that whatever the child says is pleasing to its mother, and of supreme interest to her. We may say that Our Lord hangs upon our words and thoughts and desires then, in the moments after Holy Communion, as a mother does with her child. We do our best, and He supplies all the rest, as a mother can interpret her child's stammering words, so does Our Lord interpret our efforts and our desires, and He Himself will perfect and complete them. He hears what our heart is saying, which is more to Him than the words on our lips.

ORDER OF ACTS IN THE OUR FATHER.

1. Praise and Thanksgiving.
  2. Desire for God's glory and the triumph of Christ's Church.
- Oblation and Surrender.
- Petition. (a) Daily needs of body and soul.
- (b) Forgiveness of sins and grace to forgive.
- (c) Help in temptation.
- (d) Deliverance from all evils. AMEN.

## SUNDAY.

### THANKSGIVING.

OUR FATHER, WHO ART IN HEAVEN. Blessed be Thou, O Our Father in Heaven, from whom is all fatherhood in heaven and on earth, Thou who are the Father of Our Lord Jesus Christ, and the God of all consolation, Thou who art now within the heaven of my soul. "The Lord is in His Holy Temple." "If anyone love Me, he will keep My word, and my Father will love him, and we will come to him, and will make our abode with him." Dear Lord, Thou hast said: "Come ye all to Me." I have kept Thy word, I have come to Thee, and Thou hast come to me, and Thy Father with Thee. "In us is His homeliest home, and His endless dwelling." (Mother Julian of Norwich). Blessed be Thou, O Our Father, Thou who hast given us life, Thou who hast prepared for us, Thy children, Thine own glorious home in heaven, that where Thou art, we also may be with Thee. Let us never forget Thee, Our Father in heaven, nor that glorious home, with its many mansions, one destined for each of us, if we are faithful to that grace by which we become Thy children by adoption, with a right to that heavenly inheritance, those delights which eye hath not seen nor ear heard, nor can the heart of man conceive. But here below we are in exile, and life is often so weary that we are tempted to bury ourselves in the passing joys and pleasures of earth which Thou in Thy goodness hast given us to help and cheer us in our way to Thee. And so, in Thy goodness, Thou givest us bread from heaven, having in it all delight, manna with the sweetness of every taste, to detach us from earthly tastes, Jesus, Thy Son, Our Brother. May Thy visit, this day, beloved Jesus, fit me yet more and more for that dwelling of untold, unconceived bliss. May I ever find my chief joy in Thee, Jesus, joy of angels. Thou who are the glory and the rejoicing of my heart, in Thee will I glory and rejoice all the day long, but for myself I will rejoice only in my infirmities. May we all use creatures, time, work, money, pleasures, sorrows, friends, family, all simply to lead us to Thee, O Our Father, who are in heaven. Raise up our hearts to Thee in heaven, and suffer us not to stray to and fro upon earth. Be Thou alone sweet to us henceforth for evermore, for Thou only art our meat and our drink, our love and our joy, our sweetness and all our good. O Our Father in Heaven, Thou who hast made us for Thyself, have mercy on us and bring us home to Thee. Amen.

HALLOWED BE THY NAME.—Not content, O God, our Father, with having prepared for us a home with Thee in heaven, Thou hast given us in our exile, the fair home of this earth, created by Thee. Blessed by Thou, O God Our Father, for all Thy good gifts in heaven and on earth. Blessed be Thou for Thy glorious sky, and changeful, many-coloured clouds, for the wind and the sun and the rain, for the glories of the sunrise and the sunset, for the moon and

the stars, and all that Thou dost work for our good, through these fair creatures of Thine. Eternal thanks be to Thee for all Thy beauty and wisdom and goodness that we can read therein. Blessed be Thy Name for all Thy beautiful creatures on this earth, for the glory of the mountain and the valley and the hill, for the wide open spaces, the plains, and the seas and the rivers, and all the living creatures in them. Blessed be Thou for the trees and the flowers, and for all lovely and useful green growing things. For the creatures who share this earth with us, and minister to our needs, for Thy beasts and Thy birds and Thy fishes, and all that Thou hast placed under the dominion of man. O Lord, our Lord, how admirable is Thy Name in all the earth! Blessed be Thy Name for all Thy gifts to us of soul and body. Blessed be Thou for Thy Church and Thy Sacraments, for Our Lord Jesus Christ, Thy Son, our Saviour, and for His most sweet salvation, for Thy Mother and Thy Saints, who teach us the way to Thee, and reveal to us Thy ways. I offer Thee the Heart of Jesus, now one with mine, in thanksgiving for all these Thy great gifts, for Thine own great glory and beauty, O God Our Father! "Thou in me; and I in Thee, O Jesus my One Good! This is the thank-offering I set before Thy glory. I have nothing else beside. My one only offering is what I am in Thee, my life in Thee." (Exercises of St. Gertrude). Jesus alone is Lord, He alone of men is holy, He alone is Most High, and He is mine, He is now within me! My Beloved is mine, and I am His! Look then on the Face of Thy Christ, O God Our Father, and be Thou blessed in Him, and by Him in me, Thy most unworthy creature! OUR FATHER, HALLOWED BE THY NAME. My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour. Blessed be His Holy Name for ever. Amen! Amen

THY KINGDOM COME. Blessed be Thou, O my God, that Thou hast chosen us to be of Thy Kingdom, of Thy One True Church, of the subjects of Christ our King, I am now the Throne, the Temple of the King, how then should His Kingdom not come in me, except by my own blindness, weakness, darkness and ignorance?

Break down the barriers that hide Him from me, that He alone may rule me, that His Kingdom may rule over all that is within me. Blessed be Thou that Christ is our King, let none but Him possess me!

THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN. Blessed be Thou, O God Our Father, that in heaven Thy Will is perfectly fulfilled by Thy Saints and Angels. Teach me to do Thy Will on earth, for Thou art my God, and here below I may be led astray by the freewill Thou hast given me. What can I refuse Thee, how shall I dare oppose Thy Will, when Thou Thyself art within me as a King on His own throne? But when temptation comes, I shall for-get Thee, unless Thou take my poor weak will. and hold it fast by Thy mighty love-fetters. Bind me to Thee, O Love, Who rulest me at this moment; for without Thee, my soul is earth, but with Thee it is heaven. Let my will be ever one with Thine, as it now is. O my God, my Love, Who art now all mine, and I all Thine, let my soul lose herself in Thy Will, exulting in Thy love. At this moment when our wills are one, I beg Thee let me never will except as Thou willest, and when my weak will revolts, come to me again and make it all Thine own. Amen. Let me be called by that new name which Thou Thyself shalt give me, "My Will in her."

GIVE US THIS DAY OUR DAILY BREAD. Blessed be Thou, O Lord, that Thou givest me Thyself, the Food for which my soul hungers and thirsts, without which I am miserable and poor and blind and naked, and dying, and as a dry land without water before Thee. Give me all that satisfies the needs, the infinite desires, the aspirations of this longing soul of mine, which is never, never satisfied, "ever me wanteth." Thou alone canst fill that unspeakable void, and satisfy that nameless longing which torments me. Oh, give me Thy inspirations, Thy graces, Thy gracious calls and invitations, Oh, speak to my poor empty soul those 'potent, creative, life-giving words, which are to me life, and light, and love and food. Give me all I need for my earthly life, that I may not forsake Thee to hunt after the things of earth, that nothing may tear or distract me from Thee. And blessed be Thou, O my God, for my food of soul and of body, which Thou givest me day after day, year after year. Thou openest Thy Hand and fillest every living creature with blessing. Thou hast made me with infinite needs, do Thou Thyself supply and satisfy them. And blessed be Thou for all Thy good gifts to my soul and body, and above all for the gift of Thy Most Precious Body and Blood to be the Food of my soul. Give me, O Lord, ever to hunger for this Bread of Angels. Amen.

AND FORGIVE US OUR TRESPASSES AS WE FORGIVE THEM THAT TRESPASS. Of all my needs, beloved Guest of my soul, none is so great as the need of pardon and forgiveness. Blessed be Thou, that Thou givest it to me so readily, so completely, this pardon, through the Precious Blood of my Saviour, Who is now within me; the whole of His Precious Blood is mine at this moment, to make use of, as I will. May it flow over me, and wash me clean from all my sins and negligences. And take from me all rancour, all resentment, all ill-will, suspicion and distrust, that I may forgive even as I am forgiven. Set before me the exquisite food of Thine everlasting forgiveness, which alone can give peace to my soul. O Jesus, my sweetest Peace, deign to be my healing and my light. Blot out all mine iniquities in Thy great compassion, cover all my sins with the mantle of Thy charity, supply all my defects in Thy goodness, let my soul recover, through Thy love, that liberty which Thou gavest me at the cost of Thine own Most Precious Blood.” (Exercises of St. Gertrude).

AND LEAD US NOT INTO TEMPTATION. Blessed be Thou, O my God, that by this heavenly Food Thou so strengthenest me against the snares and wiles of the Evil One, that I am strong to meet my daily trials and difficulties. My youth is renewed as the eagle’s. I, who till now was afraid of every obstacle, I who fail and fall at every step, can now look forward fearlessly to the day’s trials, for Thou hast filled my hungry soul with good things. Even if I walk in the midst of the shadow of death, I fear no evil, for Thou, art with me. Stay with me, Lord, for it is ever evening on this sad, dark earth. Thou are the Bright and Morning Star. Our Communion is. our Morning Star. Thou hast said: “I will give him the Morning Star.” Thou givest it every morning, if we will but take it. Blessed be Thou, O Light Eternal! Following Thee, we shall never stray into the paths of danger. Blessed are they that walk in Thee, The Way! Oh, place Thy blessed Footsteps in the Way, that I may walk in them! (Ps. 84). “Lead me through Thyself, the Way, unto Thyself, the Truth, into that Life which is Thy Blessed Self.”\* Hide me, plunge me therein, Thou in me, and I in Thee, that Thou alone mayest live in me.

BUT DELIVER US FROM EVIL. AMEN. Blessed be Thou, O my God, that Thou givest me Thyself, as my remedy and my safeguard against evil, against all the snares of the enemy, against the dangers of my own evil inclinations. Thou art my Rock, my Refuge, and my Deliverer. Thou Thyself art my Defence, my Deliverance from evil, and at this moment I am one with Thee, my Deliverer. I am all Thine and Thou art all mine. Let us stand together for if the Lord is with me, who is against me.\*\* I am one with Thee, O Thou one only love of my soul, let me not stray from Thee, but direct all my steps in Thy ways, the ways of peace and truth, and love. Help me, O Eternal Truth, that no vanity be my motive. Blessed be Thou for my salvation, and my deliverance, and my plentiful Redemption. My spirit hath rejoiced in God my Saviour. Praising I will call upon the Lord, and I shall be saved from all my enemies. Behold God is my Saviour, I will deal confidently and will not fear. I will drink waters in joy from the Fountains of my Saviour, from His Five Sacred Wounds, from His Sacraments, from this Sacrament of His Love. Blessed be Thou., Jesus our Deliverer, for that Thou hast fought and conquered for us, let us ever put our whole trust in Thee. Amen.

## MONDAY.

### FOR THE HOLY SOULS.

Our Lord once appeared to St. Mechtilde, after she had received Holy Communion for the Holy Souls, saying: “Say the OUR FATHER for them.” She was inspired to say it as follows, and when she had finished she beheld an immense multitude of souls ascending to heaven.

OUR FATHER WHO ART IN HEAVEN. I beseech Thee to forgive all the souls in Purgatory, in so far as they have not loved nor worthily honoured Thee, their adorable and most beloved Father, who of Thine own mere grace didst adopt them to be Thy children. By their sins they have thrust Thee forth from their hearts, thine own chosen heaven. In satisfaction for this their sin, I offer thee that love and honour which Thy Beloved Son showed Thee upon earth, and that most abundant satisfaction which He bath made for all their sins.

*\*Adapted from Exercises of St. Gertrude*

*\*\*A quotation from Isaias, ch. 50, 8: Stemus simal quis est adversarius meus.*

"HALLOWED BE THY NAME. I beseech Thee, O Thou Father of compassion, forgive the souls of the faithful departed, in so far as they have not worthily honoured nor duly made mention of Thy Most Holy Name, but have taken it in vain, and by their scandalous life rendered themselves unworthy of the name of Christians. And in satisfaction for these their sins, I offer Thee the consummate holiness of Thy Son, whereby He magnified Thy Name by His teaching, and glorified Thee by all the works of His Sacred Humanity.

THY KINGDOM COME. I beseech Thee, O Father of compassion, forgive the souls of the faithful departed, in so far as they have not fervently longed for the spread of Thy Kingdom, nor have longed and striven for Thyself, in whom alone is true rest and abiding joy. And, for this and all their sloth in doing good, I offer Thee all the most holy and longing desires of Thy Son, wherewith He desired to make them heirs together with Him of His Kingdom.

THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN. I beseech Thee, O Father of compassion, vouchsafe to forgive the souls of the faithful departed, and especially of those consecrated to Thee in the religious life, in so far as they have not preferred Thy Will to their own, nor have loved it in all things, but have too often lived and done only according to their own will. And in satisfaction for this their disobedience, I offer Thee the union of- the sweetest Heart of Thy Son with Thy Will, and all that His most ready and loving obedience wherewith He was obedient to Thee even to the death of the Cross.

GIVE US THIS DAY OUR DAILY BREAD. I beseech Thee, O Father of compassion, vouch-safe to forgive the souls of the faithful departed in so far as they have not received the Most Blessed and adorable Sacrament of the Altar with pure and perfect desire, devotion, and love; or have received it unworthily, or seldom, or not at all. And in satisfaction for these their sins. I offer Thee the consummate holiness and the devotion of Thy Son, together with that most ardent love and ineffable yearning desire wherewith He be-stowed upon us this most inestimable treasure.

AND FORGIVE US OUR TRESPASSES AS WE FORGIVE THEM THAT TRESPASS AGAINST US. I beseech Thee. O Father of compassion, vouchsafe to forgive the souls of the faithful departed in so far as they have sinned against Thee by any one of the seven capital sins, and especially in so far as they have not forgiven those who had offended them, or have not loved their enemies. And for all these their sins I offer Thee that most sweet and tender prayer which Thy Son prayed for His enemies while He hung on the Cross.

AND LEAD US NOT INTO TEMPTATION. I beseech Thee, O Father of compassion, vouch-safe to forgive the souls of the faithful departed in so fat as they have not resisted their concupiscence and the sins-to which they were especially prone, but have again and again consented to the devil and the flesh, and entangled themselves by their own will in many grievous evils. And for all these their manifold sins, I offer Thee the glorious victory wherewith Thy Son overcame the world, and the devil, together with all His most holy Life and conversation, His toil and weariness. His Most .Bitter Passion and Death.

BUT DELIVER US AND THEM FROM EVERY EVIL and every punishment through the merits of Thy Beloved Son, and bring us to the kingdom of Thy glory which is none other than Thy Most Glorious Self. Amen.

(From the Prayers of St. Gertrude.)

## **TUESDAY.**

### **FOR OUR OWN SOUL.**

OUR FATHER WHO ART IN HEAVEN, Who art in a most special manner present at this moment in the sanctuary, the heaven, of my own soul, may I ever be mindful of Thy gracious Presence within me!

Jesu, in Thy dear Sacrament,

Thy heaven I cannot see,

But heaven is everywhere Thou art.

And Thou art heaven to me.

Thou dwellest within me as a King on his throne, as a Master in his own house. Make me joyful in Thy house of prayer.

**HALLOWED BE THY NAME** within me, that my soul may ever praise Thee, and give Thee glory, speaking to myself in psalms and hymns and spiritual canticles. It is my deity to praise Thee, O Lord, it is my most ardent desire, but as I cannot praise Thee worthily, I beseech Thee to offer to Thyself most perfect praise within my heart, so that Thou mayest sanctify for Thyself and accept as most grateful praise and adoration, every breath I draw, whether I wake or sleep. My soul doth magnify the Lord, my spirit rejoices in God my Saviour. In Thee will I glory and rejoice all the day long, for Thou art my glory and the joy of my heart, but for myself I will glory only in my infirmities. O Lord, our Lord, how wondrous is Thy Name in all the earth I May I cause Thy Name, O God my Father, to be praised and blessed by all, when they behold Thee working within me Thy wonders of grace and of conversion. Blessed be God, Blessed be His Holy Name. Hallowed be Thy Name in me, O Father, for ever and ever. Amen.

**THY KINGDOM COME.** Oh, that I had the great and passionate desires for the coming of Thy Kingdom on earth, in the souls of my family and friends, in the whole world, that Thy Saints had I Oh, that Thy glorious Kingdom would come within my own soul, that Thou mightest in very truth be sole King therein, and in the souls of all men! And if I have not this desire as I should have it, then I will humbly content my-self with making this petition, “Thy Kingdom come,” knowing that Thou in Thy goodness wilt take the will for the deed. Our Lord said to St. Catherine of Siena, “You have nothing infinite but your desires.” I desire then, O my Saviour. my Father, my Brother, my Spouse, to make Thee the most ardent, burning, passionate act of love that was ever made to Thee in the whole world, or ever will be. I desire to gather into my one heart all the acts of love that have ever pleased Thee most, and to offer them all to Thee from the heart of every creature Thou hast ever made. I offer Thee Thine own Most Sacred Heart, now beating as one with mine, with all Its desires for the Father’s glory. Lord, Thy Heart is mine, Thy desires are mine, whilst Thou art one with me. I love Thee, then, with Thine own love. My Lord, Who art now Life of my life, Heart of my heart, Lord, make haste to help me to love and pray and praise Thee with Thine own love and praise and prayer. The Lord is my strength and my praise. Rejoice and praise, O Sion, for great is He that is in the midst of thee, the Holy One of Israel.

**THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN.** If this were really my one aim, how speedily, how truly, should I become holy, for Thy Will is my sanctification! What are all my sins and failings but so many resistances to Thy Will, to Thy daily calls and inspirations? Christ has said: “Whosoever shall do the Will of My Father that is in heaven, he is My brother, and my sister, and mother.” “Oh, who would not change wills with God?” (Spir. Conquest). Oh, that Thou couldst say of me as Thou didst of Thy servant, “I have found David, the son of Jesse, a man according to My own heart, who shall do all My wills.” Like David, would that I could say, “My heart is ready, O God.” “Take my will totally to Thee, O my God, govern it and submit it perfectly to Thine own. I give up my will, O divine Artist, to be plunged, purified, polished, hammered, filed and fired in the furnace of Thy love. Oh, do with it and with me as Thou best knowest and pleasest.” (Spir. Conquest). Grant that I and all men may ever do Thy Holy Will. Teach me to do Thy Will for Thou art my God. There is Life in His Will. Lord, what wouldst Thou have me to do?

**GIVE US THIS DAY OUR DAILY BREAD.** Since Thou, O most gracious Father, didst create us with so many needs of soul and body, which of ourselves we cannot without Thy help supply, it is a prayer blessed by Thyself to ask for the supply of our needs of soul and body. Give us then this day the food of our body, for it is, as it were, a sacramental, a sacred thing, authorised and blessed by Thee. Give to our poor hungering, thirsting souls, their deep satisfaction in Thine own most Blessed Self. Give us the knowledge and the relish of Thee, in prayer and in the husks of earthly satisfactions, having tasted and seen how sweet is the Lord. Give us thy holy lights and inspirations, that we may serve Thee purely, perfectly, ardently, faithfully. Give us all that Thou knowest we need, that we may not faint in the way. We are hungry, we are weak, we are Thy needy children, dependent on Thee, Our Father. Fill us then with

Thy good things. Send us not away empty, like the self-satisfied rich, who call not upon Thee. "I hold forth to Thee the empty vessel of my desires," (St. Gertrude), fill my hungry soul with good things, and give me to drink of the cup of pardon.

**FORGIVE US OUR TRESPASSES AS WE FORGIVE.** Above all our needs, is the need of pardon and forgiveness. "Blot out all my sins with Thine effectual pardon. My sins affright me, my omissions cover me with shame, my life is one long failure, and fills me with alarm. Do Thou renew my life in Thee like the eagle's. Grant me a tender compunction of heart, a spirit of humble penance, that I may ever strive to render my sins fewer, my defects less glaring. Fill my lamp with the oil of charity, light it at the flame of love, may it give light in all the works of a living faith. O my sweet Jesus, pledge of my redemption, come Thou with me to judgment, there let us stand together. Judge me for Thou hast the right, but remember, too, Thou art my Advocate." (Exercises of St. Gertrude). Transform my whole life in Thee, make me such as Thou wouldst have me to be. Give us generosity to forgive in our turn all who offend us. Make us ever remember Thy Law: "Forgive and you shall be forgiven." "With what measure you have meted to others, so shall it be meted to you."

**AND LEAD US NOT INTO TEMPTATION.** Pity our weakness and turn away from us the occasions of sins. Send Thy Holy Angels, who shall walk with us every step of the way, and drive from us the snares of the Evil One. Turn away our eyes lest they behold vanity, the eyes of our soul from dwelling with self-complacency on our own advantages. Turn away our ears from hearing uncharitable talk, foolish flattery, or words which may harden or embitter us. Keep our hands, our feet, from all offence.

**BUT DELIVER US FROM EVIL. AMEN.** Save us by the omnipotent protection of Thy Presence, from dangers to soul and body, from accidents, from sin and discouragement, depression and loss of peace, from tepidity and lukewarmness and discontent, from delusions, from false and wrong ideas, from bad companions, from diffidence and despair and depression, from all the evils of soul and body which beset us in this vale of tears. Deliver us from the evils of our own character, and from our bad habits, which seem too strong for us to subdue. Jesus, Deliverer, stay Thou with me! Amen! Amen.

### **WEDNESDAY.**

#### **FOR OUR HOME, FAMILY AND FRIENDS.**

**OUR FATHER WHO ART IN HEAVEN.** Thou hast made me, and the home, family and friends Thou hast given me, to live for ever with Thee, Our Father, in our true home, Heaven. It is for this Thou hast given us to each other, and brought us all so close together into one family. that we may help each other to Thee, and to the glory for which Thou hast created us. May we never forget Thee. Our Father, may we never harm one another by bad example. neglect, or unkindness. May we ever remember that our home on earth is but a faint foreshadowing, a preparation, for our true home life with Thee in' heaven. Thou givest Thyself to us in Holy Communion, to help and speed and strengthen us on our way thither. Now that Thou art within me, increase in my heart true love of all my dear ones, draw them ever closer to Thy Father's Heart, be a bond of union and love between us. Even now each one of us has within us the heaven of our own souls, wherein Thou, Our Father, dwellest with Thy Son and the Holy Ghost, when we are in the state of grace. Let each of us ever strive that in our home, this may always be so, that no one of us may ever be deprived of Thy Presence through sin. Father in heaven, be ever with each and all of us in our home, in the heaven of our souls. Give us true peace and union of hearts, that our home on earth may be a true fore-shadowing of heaven.

**HALLOWED BE THY NAME.** May all of us love Thy glory, Thy praise, Thy service. May we use our lives, our time, our energy for this one end, Thy glory. May all who come near us, who meet us, be led by the holiness of our lives to praise and bless Thy Name. May we never allow anything to be said or done in our house, our home, that would in any way dishonour or displease Thee. May our home, our family be a glorious praise to Thy Name.

THY KINGDOM COME. May each one of us strive for this glorious end, that by us, and in us, and through us, Thy Kingdom may come to' all with whom we have dealings. May this be the one great aim of our lives, of all we say or do or think. May it be our family motto. That by means of our home, our family, our friends, Thy Kingdom may come, Thy reign in souls. May Thy Kingdom rule over all. May Thy Kingdom come in all the world, over all men, may it be furthered by us, wherever we are, whatever work we have to do. Let all that concerns us be buried in this aspiration THY KINGDOM COME, our lives, our work, our aims, our desires, our joys, our sufferings. Let us never prefer anything to the coming of Thy Kingdom. Sacred Heart of Jesus now beating as one with my poor heart, Thy Kingdom come in us now, and for ever. Amen! Amen.

THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN. Thou, O Our Father, halt Thine own plans for each one of us. They are greater and wider and better than any we could make for ourselves. If we simply do Thy Will, day by day as it comes, each declaring to us Thy Will of Good Pleasure, Thy plans will be carried out in us. Let us then put no obstacles to Thy Blessed Will, let us not set our hearts on things Thou has not designed for us. Let us be content with Thy ordering of our lives, and when sorrows come, let us remember that all is Thy Will. Thy Will is our sanctification, and God is a perpetual communion to the soul who does His Will. Never let us oppose Thy Will, O Our Father. Let us trust Thee, and believe that all that Thou dost is for our good. Let us abandon ourselves and all that concerns us to Thy Divine Providence. Let us be faithful, each one of us, to Thy commands, whether expressed by the one in authority in our home, or by Thy Church. Let us be faithful to Thy secret calls and inspirations, in the hearts of each of us. Let us be Thy true and obedient children. Thy Will be done in us I Teach us to do Thy Will, for Thou art Our God, Our Father, Our Master, Our Lord.

GIVE US THIS DAY OUR DAILY BREAD. Thou art Our Father, Thou knowest the needs of Thy children, Thou knowest we have need of many things daily, for soul and body, give them then to us, Thou who has created us with all these needs, that we might depend on Thee for their daily supply, as children do on their Father. It is Thou Thyself who has taught us to ask for what we want day by day. Give us then our food of soul and body, that we may not go astray in seeking them by our own exertions. Blessed be Thou, O Our Father, for giving us this day Thyself, the Food of our souls in Holy Communion, give us, O Our Father, then all that we need besides.

Thou hast this day given me the Bread from heaven, containing in Itself all sweetness; and what is to every taste, will be found therein.\* And now, Lord, what I ask at this moment, is the supply of all temporal good things for my home and family. May each of us contribute our share to the general good of the home and family, and prefer what is useful to others rather than w t benefits self only. Deliver us from all selfishness. Father, give us this day our daily bread.

AND FORGIVE US OUR TRESPASSES AS WE FORGIVE THEM THAT TRESPASS AGAINST US. Living as we do, so close together, in one home, in one house, one family, it cannot but be that we shall rub up against one another sometimes, and cause annoyance to one another. When this happens, let us be prepared to give and take in daily life, to put up with one another's weaknesses, bear one another's burdens. Let the strong help the weak, the wise the foolish, let each use for the common good, whatever we have to give, whether it be the gift of wise counsel, or work of body or soul, or money, or any other good gift of nature or grace. Let us forget and forgive when we are hurt, for we ask Thee to forgive us our sins daily, even as we forgive. Save us from bitterness and rancour, from jealousy and resentment, which would destroy the peace of our home.

Give us to drink of the cup of pardon, and let us generously pardon others their offences against us. It is not always easy, but with Thee in our hearts, the God of all pardon, we cannot refuse to forgive. Give us, O Lord, a forgiving spirit.

AND LEAD US NOT INTO TEMPTATION.

Move all let us not tempt one another, by unkindness, bad example, or neglect of our duty one to another. For we

\* *Wisdom. C.XVI. 20-21. Applied by the Church to B.S. in the Office of Corpus Christi.*

each have a responsibility to all in our home and family circle, our influence daily works for good or evil on all around us. Let us never lead one another into temptation, and so incur the guilt of another's sin. Let us rather be saviours and deliverers one to another, shielding one another from sin and danger and as far as may be from suffering.

**BUT DELIVER US FROM EVIL. AMEN.** Our life on earth is full of dangers to soul and body. Save us and our dear ones, this day, dear Lord, by virtue of Thy Sacramental Presence, from bodily harm, from accidents, and illness, as far as may be. Save us above all from dangers to our souls, from sin. Thou knowest better than we do the dangers that threaten us, we are so weak, we cannot save ourselves from them, but Thou Who art Our Father Almighty, art all-powerful, and Thou hast bidden us to ask Thee to deliver us from evil. Send Thy Holy Angels to care for us, and watch over us, lest we dash our foot against a stone. Jesus, deliver us from all evil. Amen.

**AMEN,** dear Lord, to all the seven petitions Thou Thyself hast taught us to make to Thee. Once more now when we say **AMEN** at the end of our prayer do we renew our petitions for each favour we have asked in this prayer. May our whole day be an **AMEN** to **THY** prayer. May each moment of our day say to Thee, **AMEN, LORD.** When we pray, **AMEN** to "Hallowed be Thy Name." When we work or suffer, **AMEN** to Thy Kingdom come, Thy Will be done. When we art hurt or angry, **AMEN** to "forgive us our trespasses as we forgive." When we have sinned, **AMEN** to "forgive us our trespasses." When we are in danger of sin, **AMEN** to "Lead us not into temptation." When we are in need or hunger of body or soul, **AMEN** to "Give us this day our daily bread." When we are tempted to sin, **AMEN** to "Deliver us from evil." **AMEN. AMEN.** O Thou, Who art the **AMEN, FAITHFUL AND TRUE,** be to us an **AMEN FAITHFUL AND TRUE.** In Thee, O **AMEN,** we put our trust, let us never be confounded. Amen! Amen! Alleluia!

**THURSDAY.  
FOR A PRIEST.**

**OUR FATHER, WHO ART IN HEAVEN,** mayest Thou ever be present, as in Thy most chosen dwelling, in the heart of Thy priest! May all souls, at all times, ever find Thee, Their Father, in **HIM!**

**HALLOWED BE THY NAME,** in him. May he lead all souls, all hearts, to praise and glorify Thee, to serve Thee. May He himself, by his very life, by all his priestly functions, faithfully and zealously performed, cause Thee to be praised and blessed and glorified, Thou Who alone canst work such wonders by means of a frail human being.

**THY KINGDOM COME,** in him, in his own soul. May he have an ardent, consuming zeal for Thy Kingdom. May he put this before all else, and bury all that concerns him in this aspiration. May he ever spread Thy Kingdom by word and work. May his zeal for Thy interests never flag, may he ever work, pray, live, for the coming of Thy Kingdom. And do Thou prosper and bless his labours, that by them Thy Kingdom may in very truth rule over all, all the changing fashions of this world, all that momentarily sways men's changeful hearts and minds. May Thy priest but live for the coming of Thy Kingdom. May this be the one object of his life, of his thoughts and desires. May this aim keep him from a worldly spirit.

**THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN.** Thy Will is his sanctification. Let Thy priest be clothed with justice. May Thy Will be the rule of his life. May he be faithful to every manifestation of Thy Will, whether it come by authority, or by Thy secret calls and inspirations. Deliver him from self-will and self-seeking. Give him grace to embrace Thy will in what is hard and trying, and never seek to escape his burdens. Give him life in Thy Will, joy in Thy Will, peace in Thy Will, content in the sphere in which Thou hast placed him, and peace in full submission to Thee, His Father.

**GIVE US THIS DAY OUR DAILY BREAD.** It is through Thy priest, through the power Thou has given him, that Thou Thyself, the Bread of our souls, comest to us in the Most Holy Sacrament of the Altar. Through him, Thy mouth-piece, Thou, the Word, the Food of our souls, on which Thou hast told us that man lives, art spoken to us. May he ever be a true and faithful minister of the Most Blessed Sacrament to his flock. And give to his own soul the divine

strength and nourishment he needs, give him the holy, beautiful thoughts and aspirations which may feed and satisfy his own soul, and where-with he may in truth feed the souls and hearts of his flock. Make him truly a Good Shepherd who gives to his flock their daily bread.

**FORGIVE US OUR TRESPASSES**, etc. Our Father, Who hast given to Thy priests the divine power to forgive us our sins, may Thy priest exercise it as Thou wilt and as we need. May we ever treasure the great gift Thou hast given us in the Sacrament of Penance, and give to Thy Priest the gift to help and strengthen the souls who bring to him their sins and burdens, give him the light to understand their needs, give him the words of light and good counsel which heal souls. And give him the grace to forgive all that he has to bear with, from the trying ways of men, from evil speaking and injurious deeds. Give him a merciful and forgiving heart as Thou dost wish to see in Thy servants.

**AND LEAD US NOT INTO TEMPTATION**. Thou, Lord, knowest the difficulties of Thy priest's life, do Thou shield and protect him from the dangers in his path, strengthen his human frailty, give him light, comfort, and courage in all the difficult circumstances of his life, keep him from sin, imprudence and error, be a lamp to his feet, and a light to his paths, give him wisdom that sitteth by Thy throne, to guide him in all his ways.

**DELIVER US and him FROM every EVIL**, from every sin and evil habit, from trial too hard, from misfortune and accident, as far as may be, but above all from every sin, great and small. Deliver him from vain fear, from depression and discouragement, and give him a firm trust in Thee. Jesus the Deliverer, deliver Thy priest from every evil. Amen.

**AMEN**. O Jesus, the High Priest according to the order of Melchisedech, O Amen faithful and true, may Thy priest ever be an **AMEN** to Thee, may all His life be an **AMEN** to the petitions of Thy prayer. May its principles be his politics, his practice, his rule and guide and model. Make him an **AMEN**, to Thee, **FAITHFUL AND TRUE**. Amen.

**FRIDAY.**  
**FOR A SINNER.**

**OUR FATHER, WHO ART IN HEAVEN**, who art this moment in the heaven of my soul, I wish to make Thee reparation for this poor sinner, who by his own fault has driven Thee from the heaven of his soul, where Thou didst delight to dwell. Remember, O Father, that even still his soul is made to be Thy heaven, Thy most chosen dwelling place. "In us is His homeliest home, and His endless dwelling." (Mother Julian of Norwich). Give him, then, the grace of repentance, that he may once more have thee to dwell with him, in him, and restore to him the joy of Thy salvation, that light and joy and peace which along with grace, he has forfeited. Our Father, Who art in heaven, come back to the heaven of his soul, draw him, touch him, lead him back to Thee. Amen.

**HALLOWED BE THY NAME**. I offer Thee Thyself, Thy Son, whom I now hold in my heart, to make amends to Thee for this poor sinner, who by his evil life dishonours Thy Name, who makes the name of Christian and Catholic a reproach by his infidelity. May Thy Name be once more hallowed in him, may he be, converted to Thee, and give Thee tenfold more glory than he has robbed Thee of during the time he dwelt in sin. Lord, the longer he remains in sin, and out of grace, the more is Thy Name dishonoured in him. Restore then, to Thyself Thine own glory, which he is robbing Thee of, and turn his heart to Thee. Thy Kingdom come in him. Amen! Amen!

**THY KINGDOM COME**, once more, in him. Once Thou didst rule in his heart as King, bring back then this happy time, and for Thine own sake, reign once more in him. Thy kingdom come, the kingdom of Thy grace and Thy love in this poor, empty, lonely heart. Thou alone art Lord, Thou art all-powerful, Thou alone canst work this wonder of a change of heart. "The heart of the king is in Thy hand." Lord, all hearts are in Thy hand, Thou canst bend as it pleasest Thee, the most obdurate, and soften the most stubborn. Arise, O Lord, and let the evil ones be scattered from this their stronghold. Amen.

**THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN**. Lord, Thou canst do all things. Do Thine own Will in

him and save him. I offer Thee Thine own Sacred Heart, where the will of Thy Father was ever most perfectly done, to make Thee amends and reparation for his rebellion, and resistance. Thy Will be done in him, dear Lord, FIAT. FIAT.

**GIVE US THIS DAY OUR DAILY BREAD.** See how this poor sinner faints and fails and falls, deprived of Thee, O Thou Bread of Life! Give him, then, once more the bread of Thy grace, and grant him the grace of repentance, that he may return to Thee, the True and Only Food of his hungry soul which perisheth among the husks of swine. For he strays far from Thee amidst this world's vain joys and pleasures. Give him the grace he needs this day, this moment, the light that will this day save him, and bring him back to Thee. Amen.

**FORGIVE US OUR TRESPASSES,** etc. Ah, Lord, what is there this poor sinner needs more than forgiveness? Speak then, to his poor soul, his heart, thy sweet words of pardon. Thy invitations to repentance, those secret words which melt and touch and enkindle the heart, which are irresistible, which none but Thou, O Word of the Father, canst speak, and win him back to Thee. Teach him, touch him, wound him, and win him unto Thee. Amen.

**LEAD US NOT INTO TEMPTATION.** How great, Lord, is the danger of temptation to this poor sinner, for by his many infidelities he deprives himself of a claim to Thy grace in his daily temptations. Have mercy on him, for he is weak; he has strayed like a sheep that is lost, and he needs Thy care more than the ninety-nine just who are safe in Thy fold. Permit him not to be tried beyond his strength. Send him Thine angels to help him in the hour of need, that he may not heap up guilt in Thy sight. Give him grace to call upon Thee in the evil hour of temptation, Amen.

**BUT DELIVER US FROM EVIL. AMEN.** Deliver him, we beseech Thee, O Lord, from his sinful and unhappy state. May he this day arise, and return to Thee, His Father, Whom he has so long slighted, refused, resisted. Without Thee he cannot move a step to repentance, but, Lord, all hearts are in Thy hands, Thou canst bend as it pleases Thee the most stubborn, and soften the most obdurate. Save him and deliver him from all evil, deliver him above all, O Father, from the dreadful evil of final impenitence, from despair.

May he be converted to Thee and live, Thou who willest not the death of the sinner, but that he should be converted and live the life of grace and friendship with Thee. May Thy patience lead him to repentance.

Convert him, O God, Our Saviour. Show him Thy mercy and give him Thy salvation. Deliver him from evil. Amen.

## **SATURDAY. IN HONOUR OF OUR LADY.**

“Thus saith the AMEN, Faithful and True, the beginning of the creatures of God.” (Apoc. iv).

“Thus shall you pray,” says Jesus, the Master of Prayer, and Mary, His AMEN, repeats to us, “Thus shall you pray,”

**OUR FATHER, WHO ART TN HEAVEN.** My soul is now Thy heaven, for Jesus Thy Son, Thy AMEN, is within me. And His Mother, O God our Father, Thy own peerless Daughter, though not within my soul, must be close by me, for to her I commend my preparation for Thy visit. I wish to offer Thee, O God our Father, Thy Son Jesus, that Offering beyond all gifts, in thanksgiving for the gift to us of Thy Mother. Never was a human soul, O Jesus, a heaven for Thee, and we know that our soul is made to be God's dwelling-place (Mother Julian of Norwich), as was hers. Blessed be Thou, O God our Father, who hast created one of us, our Sister, having a nature in all things like to our own, so lovely, so peerless, so stainless, so surpassingly perfect. We are Thy guilty children, O Father, but she is Immaculate, glorious, resplendent, all-fair. She is the Queen, the Sovereign Lady of Thy resplendent heaven; she is the Queen of the heaven of our souls, and she is our own tender, merciful Mother, the most loving, lovely and best-loved of all mothers. May my soul which is this moment blessed by Thy Presence, be ever as a fair, pure, resplendent heaven for Thee, O God Our Father! My Jesus, do Thou love and praise Thy Mother for me in the heaven of my soul, wherein at this moment Thou dwellest. And thou, O fairest Queen of the heaven of Our Father, praise, love and thank Jesus for me. Stay with me, and teach me how to say “Our Father, who are in heaven.”

Thou art ever His Heaven, may we too be His heaven!

**HALLOWED BE THY NAME.** As Thou, my Jesus, art the AMEN to God, so is Mary the AMEN, as Thou Thyself art, to every petition of this Thine own prayer, O my Lord! Before ever Thou hadst taught us Thy prayer, she first of all of us had said “My soul doth magnify the Lord (that is, doth hallow His Name) because Holy is His Name.” With this, thine own song of praise, O my Mother, I bless the Name of God Our Father, and with Thee I rejoice in Jesus, in God my Saviour, and vehemently do I rejoice in His merciful salvation. Blessed be Thou, O God Our Father, through Jesus Christ, Thy Son, and hers, for Our Mother—this most blessed Gift to Thy children. My soul is now knit to the Soul of Jesus, Thy Son and Mary’s, and in union with Thy Sacred Soul, and with Thy Mother, I magnify Thee, O my God, I hallow Thy Name, which is above every Name, blessed above all for ever. Blessed be God! Blessed be His Holy Name! Blessed be Jesus true God and true Man! Blessed be the great Mother of God, Mary most holy!

**THY KINGDOM COME.** When Thou didst first come among us, O beloved Saviour, Thou didst come through Thy Mother. She was the Morning Star, the herald of the Sun of Justice. She was more, for He came into her, He came by her, He was One with her. She was the means of the Great Coming of Thy Kingdom, when Thou, O King of Peace, didst descend from heaven as the Dew upon the Fleece. “Sicut pluvia in vellum descendisti.” And so now, that Thy Kingdom may come in me, she must come to me, she must bring Thee, she must intercede for me. She is the Mediatrix of all graces, she is the Mother of Divine Grace, she is the Mother of fair love. Pray for me, then, my Mother, that Thy Son may reign now in me as King, as Sovereign Lord and Master, as He reigned in thee, through thee, by thee. That Thy Kingdom may come, may the reign of Mary come. “Ut veniat regnum tuum, adveniat regnum Mariae!”

**THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN.** When Thou wert about to - come among us, O beloved Saviour, Thou didst wait, and all heaven waited for the “FIAT” of Thy Mother, the Little Maiden of Nazareth. And she was the first to say the Christian “FIAT.” She said “FIAT,” She said: “Thy Will be done on earth as it is in heaven,” for she said “be it done unto me according to Thy Word.” Thy Will. She anticipated Thy petition, “Thy Will be done.” And all through her life, in time and in eternity, she has been the one perfect example among creatures of the perfect accomplishment of Thy Will. Never did she swerve one hair’s breadth from that path of conformity to the Divine Will, never for one instant did she cease to do Thy Will as it is done in heaven. She was the perfect “AMEN” to FIAT VOLUNTAS TUA. Teach me, O my Mother, to love and to do God’s Will as thou didst. May every word and act of mine be in keeping with God’s Will. May I never resist His Will, never be unfaithful to the smallest inspiration. Virgin most Faithful, AMEN FAITHFUL AND TRUE make me too an AMEN FAITHFUL AND TRUE to Jesus, Thy Son.

**GIVE US THIS DAY OUR DAILY BREAD.** O Mother, it is through thy hands that we have received Jesus, the Bread of Life, our Heavenly Manna, the Food of our souls. He came to thee in Bethlehem, the House of Bread. In Thy womb was this heavenly Bread prepared for us. Give Him to us now, every day of our lives, and when Thou givest Him to us, teach us how to receive, how to welcome Him, how to thank Him, for we offer to Him Thine own pure heart as His welcome. Obtain from Him, by thy prayers, those holy inspirations day by day, which feed our spiritual life. Mother, give us this day and every day our daily bread.

**FORGIVE US OUR TRESPASSES AS WE FORGIVE.** Through Thee, O Mother of Our Saviour, we have received the’ pardon of our sins, for Thou didst give us our Redeemer, who has washed away our sins in His Precious Blood. Thou didst stand beneath the Cross on which He won our pardon and paid our debts. From that Cross He gave Thee to us to be Our Mother, O Virgo clemens. Mother of Mercy, O Refuge of Sinners, obtain for us the pardon of our sins, our daily faults. And obtain for us, in our turn, a forgiving spirit for Thy Son has said to us, “forgive and you shall be forgiven.” Mother, thou knowest how hard we find it to forgive, keep then in our minds all day these words,

in our moments of wounded pride, fierce anger and resentment. Thou hast forgiven us the sorrow and suffering we caused Thy Son, teach us to forgive even as thou hast forgiven us. Amen.

AND LEAD US NOT INTO TEMPTATION. Alas, Lord our life on earth is but a temptation. Even after having received Thee into the heaven of our souls, we must at once go forth and be tempted. For we must live in the world, we must live with our fellow men, with our own bodies, our own concupiscences. We must bear the attacks and suffer the snares of the Evil One, even as thou didst endure them when on earth. But having Thee within us, we fear not. Even if we should walk in the midst of the shadow of death. Thou art with us. Thou art our Protector, our Rock of .refuge. And Mary, the Queen of Martyrs, the Queen of Confessors, and of Virgins, is with us. For the Lord is with Thee, O most mighty Queen and Sovereign Lady, and if He is with us, we are with thee too. Thou to the demons art terrible as an army in battle array. Lead us, then as thou didst lead the Apostles, the Martyrs, the Confessors, the Virgins, for we, following thee, can never go astray, and never wilt thou lead us into temptation. Be with us when the tempter whispers his evil suggestions, and, Queen of Angels, send thine angels to protect us in the hour of combat, and to lead us forth triumphantly out of temptation. Amen.

BUT DELIVER US FROM EVIL. AMEN. Thou didst come on earth, O Jesus our Deliverer, to deliver us from evil, from sin and everlasting death! By Thy help and grace, and by the prayers of Thy Mother and ours, we now firmly trust that we shall be delivered from all evil this day and every day of our lives, and above all from the dreadful irremediable evil of final impenitence. Thou hast given us Our Mother as the Help of Christians, the Refuge of Sinners, the Health of the Sick, and the Consoler of the Afflicted, that is, as our helper in all evils. May she ever deliver us from evil. Amen.

AMEN. O Jesus, the Great AMEN, be it so to us as Thou hast taught us in Thy Prayer. May every petition be fulfilled in us, that at the hour of our death we, too, may say AMEN to all Thou dost ask for us. May we indeed, each one of us, be at that hour an "Amen, Faithful and True," as Thou Our Lord and Master and Model, to Thy Father, and as Thy Mother, the most Faithful Virgin, was an Amen to Thee. Amen, Lord, now and forever, Fiat. Be it done unto us according to these the words of Thine own most blessed prayer. Amen. Alleluia.

Nihil Obstat:  
RECCAREDUS FLEMING,  
Censor Theol. Deput.

Imprimi Potest:  
\* EDUARDUS,  
Archiep. Dublinen.,  
Hiberniae Primas.  
Dublini, die 30 October, 1935.

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